

Decision Maker: HEALTH AND WELLBEING BOARD

Date: 18th April 2024

Decision Type: Non-Urgent Non-Executive Non-Key

Title: Publication of the Annual Public Health Report 2023

Contact Officer: Katherine Dunlop, Specialty Registrar in Public Health
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Chief Officer: Dr Nada Lemic, Director of Public Health

Ward: All

1. Reason for decision/report and options

- 1.1 To promote the publication of the Director of Public Health Annual Public Health Report 2023 and present next steps for NHS Health Checks
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2. RECOMMENDATION(S)

The Health and Wellbeing Board is asked:

- 2.1 To acknowledge publication of the report, and promote with relevant stakeholders.

Impact on Vulnerable Adults and Children

1. Summary of Impact: Not Applicable
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Transformation Policy

1. Policy Status: Not Applicable
 2. Making Bromley Even Better Priority:
 - (2) For adults and older people to enjoy fulfilled and successful lives in Bromley, ageing well, retaining independence and making choices.
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Financial

1. Cost of proposal: Not Applicable
 2. Ongoing costs: Not Applicable
 3. Budget head/performance centre: Not Applicable
 4. Total current budget for this head: £Not Applicable
 5. Source of funding: Not Applicable
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Personnel

1. Number of staff (current and additional): Not Applicable
 2. If from existing staff resources, number of staff hours: Not Applicable
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Legal

1. Legal Requirement: Statutory Requirement
 2. Call-in: Not Applicable
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Procurement

1. Summary of Procurement Implications: Not Applicable
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Property

1. Summary of Property Implications: Not Applicable
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Carbon Reduction and Social Value

1. Summary of Carbon Reduction/Sustainability Implications: Not Applicable
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Customer Impact

1. Estimated number of users or customers (current and projected): Not Applicable
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Ward Councillor Views

1. Have Ward Councillors been asked for comments? No
2. Summary of Ward Councillors comments: Not Applicable

3 COMMENTARY

- 3.1 Each year, the Director of Public Health has a statutory duty to produce an Annual Public Health Report looking at the health and wellbeing of the community.
- 3.2 This year, the Annual Public Health Report is titled [The Prevention Journey through NHS Health Checks and Beyond](#). The report takes an in-depth look at the 23 years of work carried out in Bromley in the prevention, early detection and management of risk factors for cardiovascular disease (CVD) and other non-communicable diseases, culminating in the NHS Health Checks programme.
- 3.3 This year's report highlights the impressive work of GP surgeries and partners across the Borough, who have delivered more than 56,000 NHS Health Checks over the last 10 years. Of note is the impressive post-pandemic recovery of the NHS Health Checks programme. Last year Bromley more than tripled the proportion of eligible people invited for Checks, reaching pre-pandemic levels of invitation. At the same time the absolute number of health checks more than doubled, from 1933 checks in 2021/22 to 4966 checks in 2022/23.
- 3.4 The data in the report aims to support partners across Bromley to continue delivering a high-quality health programme to residents, learn from best practices, and find new ways to innovate and improve, such as digital health checks and improved 'call and recall'.

4 IMPACT ON VULNERABLE ADULTS AND CHILDREN

Cardiovascular disease causes 1 in 4 deaths in England and is one of the top causes of illness and health inequalities. Each year, approximately 1.3 million NHS health checks are delivered in England, identifying 315,00 people living with obesity and 33,000 cases of hypertension, preventing over 400 heart attacks and strokes. The focus on NHS Health Checks in this year's APHR reflects the health and wellbeing priorities of the Council in [Making Bromley Even Better](#), and the significant positive impact that disease prevention can have for residents.

5 TRANSFORMATION/POLICY IMPLICATIONS

The APHR forms a vital element of accountability and reporting linked to key strategies at Bromley. The NHS Health Checks programme is a key contributor to Ambition 2 in the Making Bromley Even Better strategy. Relevant outcomes from the Health & Wellbeing Strategy are mapped against the Ambition 2 below:

Making Bromley Even Better Ambition 2: For adults and older people to enjoy fulfilled and successful lives in Bromley, ageing well, retaining independence and making choices.

Health and Wellbeing Strategy Priority 2: Improving Health and Wellbeing of Adults

- Reducing the prevalence of overweight and obesity in adults
- Slowdown the rise in the number of new cases of diabetes
- Raise awareness on the links to obesity, diabetes and hypertension

Health and Wellbeing Strategy Priority 3: Disease Prevention and Helping People to Stay Well

- Long term conditions are prevented and further complications prevented – focus on the vital five (smoking, obesity, hypertension, alcohol and mental health), and physical activity

6 FINANCIAL IMPLICATIONS

Not applicable

7 PERSONNEL IMPLICATIONS

Not applicable

8 LEGAL IMPLICATIONS

8.1 The Director of Public Health has a statutory duty to produce an Annual Public Health Report looking at the health and wellbeing of the community, making it one of the key documents produced by the Public Health Department.

9 PROCUREMENT IMPLICATIONS

Not applicable

10 PROPERTY IMPLICATIONS

Not applicable

11 CARBON REDUCTION/SOCIAL VALUE IMPLICATIONS

The London Borough of Bromley Net Zero policy aims to achieve net zero by 2027, underlining the council's commitment to the environment. At the same time, the Green NHS 'Delivering a 'Net Zero' National Health Service' report sets out a clear path for how to decarbonise the NHS, including specific recommendations for primary healthcare. The report supports reducing travel through digital care pathway redesign (for example through Digital NHS Health Checks) and prevention of disease and health inequality. Increasing access to the NHS Health Check through digitisation of the pathway with not only provide protective health effects, but also deliver significant environmental benefits too.

12 CUSTOMER IMPACT

Not applicable

13 WARD COUNCILLOR VIEWS

Not applicable

Non-Applicable Headings:	6,7,9,10,12,13
Background Documents: (Access via Contact Officer)	Not applicable